

Dr Bhumiben G Khanpara (Rabara)

MD Psychiatry

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Carrier Objectives:

Trying to implement and improve my skill in field of psychopharmacology and psychotherapy that will be effective in service of mental health care.

Education Detail:

Under-graduation:

I have completed my MBBS from GMERS medical college and hospital Sola, Ahmedabad in February 2018.

Post-graduation:

I have completed my MD in psychiatry from GMERS medical college and hospital Sola, Ahmedabad in April-2022 under the guidance of Dr Prakash Mehta.

Professional Experience:

Three-year experience as **junior resident** in Psychiatry department from 1st may 2019 to 30th April 2022 at GMERS medical college and hospital Sola, Ahmedabad.

1 Year experience as **senior resident** from 12th july 2022 to 27th july 2023 at PDU MEDICAL COLLEGE AND HOSPITAL RAJKOT.

2 Year Experience as **consultant psychiatrist (class 1)** at Padma Kubarba Government Hospital Rajkot.

Skills Known:

Treated patients with mental illness having mild and severe cases of mental disorders.

Coordinated with other health workers, psychologists, psychiatric nurses and psychiatric social workers to diagnose and treat patients with retardation and disturbed behaviour.

Conferred with patients' family and relative to discuss about the mental health problems of the patient.

Facilitated therapy such as ECT, ketamine and psychotherapy and even prescribed medications in order to treat patients.

Facilitated discussions and conversations with patients to analyse with them the scope of their illness and to encourage them to have a treatment and to cope with their problems.

Conducted researches to further enhance skills and develop medicines and therapy for mental disorders.

Other training:

Basic Life Support Training (BLS)

Basic Course in Biomedical Research (BCBR)

Publications:

Two original research articles published in international journal

1. Bhumi G. Khanpara, Bhumika R. Patel, Prakash Mehta, Pradhyuman Chaudhary, Nikita Ravtani, Characteristics of psychiatric manifestations among hospitalized COVID-19 patients and their correlation with disease severity – a cross sectional study, Adv Psychiatry Neurol 2021; 30 (2): 73-78. DOI: <https://doi.org/10.5114/ppn.2021.108265>.
2. Patel BR, Khanpara BG, Mehta PI, Patel KD, Marvania NP. Evaluation of perceived social stigma and burnout, among health-care workers working in covid-19 designated hospital of India: A cross-sectional study. Asian J Soc Health Behav 2021;4:156-62.

Declaration:

I hereby declared that all the above facts are true to best of my knowledge.

Your sincerely,

Dr Bhumi Khanpara.